



Diet and Its Role in Preventing and Managing Health Disparities in People Living with Mental Illness

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submissions:

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Message from the Guest Editors

Dear Colleagues,

Mental illness is rapidly becoming one of the largest global burdens. People living with mental illness have an unacceptably reduced life expectancy compared to the general population, mainly due to comorbid physical health conditions. Low diet quality and disordered eating behaviors are contributing factors. In recent years, various pathomechanisms have been identified that explain how mental illness and somatic comorbidity can mutually exacerbate each other. Given the growing interest in nutritional psychiatry research, we invite authors to submit original articles, methods papers, or reviews that further our understanding of the role of dietary behavior and dietary interventions for mental health, as well as for the physical health of people with mental illness.

Potential topics include, but are not limited to: Diet-related issues in people living with mental illness; Impact of mental health state on dietary behavior; Mechanisms by which diet influences mental health; Innovations/interventions to address dietary behavior of people living with mental illness; Methods to improve nutritional psychiatry research.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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