



Digital Wellness: Psychosocial and Physical Health in the Digital World

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submissions:

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Message from the Guest Editors

Dear Colleagues,

This Special Issue of the *International Journal of Environmental Research and Public Health* will be devoted to digital wellness. A more nuanced understanding of how the digital world impacts on our physical, psychological and social health is of critical importance if we are to make the most of the opportunities afforded by digital technology while minimizing negative consequences. This Special Issue will add to the knowledge base and advance our international understanding of digital wellness within research and practice across the globe.

A broad range of studies on digital wellness and wellbeing will be considered for inclusion in the Special Issue. We encourage you to submit original, empirical studies as well as systematic reviews or meta-analyses. Short reports and methodological papers will also be considered. Especially, we encourage the submission of interdisciplinary work and multi-country collaborative research.

Dr. Bridgette Bewick

Dr. John McAlaney

Guest Editors





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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