



## **The Impact of Clinical Exercise Physiologists on Health and Wellbeing**

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### **Message from the Guest Editor**

The clinical exercise physiologist is an allied health profession that uses structured, evidence-based, and supervised exercise to treat patients with a wide range of long-term medical conditions. The health gains for many patients are hugely significant. It is important to ensure that clinical exercise physiologists are applying the best practice to those with chronic conditions that enables patients to have a significant shift in improving and managing their health. This editorial will examine exercise as an important aspect of staying well and managing individuals' health and well-being. Important articles in this area will address the cost-benefit of services that clinical exercise physiologists may offer.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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