



Children, Physical Activity, Exercise and Obesity

Guest Editors:

Prof. Dr. Michael J. Duncan

Dr. Cain Clark

**Dr. Clarice Maria De Lucena
Martins**

Prof. Dr. Jorge Mota

Deadline for manuscript
submissions:

closed (31 December 2021)

Message from the Guest Editors

Physical activity and exercise remain key behaviours which, when instilled during childhood, promote health throughout the life course. Engaging in sufficient amounts of physical activity during childhood is associated with lower levels of unhealthy weight and obesity, enhanced cardiometabolic health, improved cognition and academic achievement, and a more positive sense of wellbeing. Despite these known benefits, data from across the world still suggest that children are not meeting the required levels of physical activity for health benefits. Additionally, although interventions to enhance physical activity have been had trials, there remain significant gaps in scientific understanding of the effectiveness and utility of physical activity interventions in children. This Special Issue invites contributions from across the spectrum of health, sport and exercise, social and life sciences examining the issue of physical activity, exercise and obesity in children.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)