



## Caffeine in the Diet: Health Implications, Safety Issues, and Molecular Mechanisms

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submissions:

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### Message from the Guest Editors

This Special Issue seeks to collect state-of-the-art original research with a focus on the implications of caffeine in the diet, including clinical, epidemiological, in vivo, and in vitro studies underlining the impact of caffeine in health and disease. Since the knowledge about caffeine is continuously progressing, this Special Issue will collect the most updated insights into the effects of dietary caffeine on health. We welcome your contributions in the form of original research articles, reviews, short-communications, systematic reviews, or meta-analyses covering topics such as:

- Trends in the consumption of caffeine;
- Toxicology and safety aspects of caffeine consumption;
- Beneficial and adverse effects of dietary caffeine;
- Caffeine as a nutraceutical for the prevention of disease;
- Molecular mechanisms of the action of caffeine;
- Analysis of caffeine in food and biological samples.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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