



## Advances and Innovations in Mental Health and Public Health

Guest Editors:

**Dr. Álvaro Francisco Lopes De Sousa**

Instituto de Higiene e Medicina Tropical, Universidade Nova de Lisboa, 1349-008 Lisbon, Portugal

**Dr. Carla Aparecida Arena Ventura**

College of Nursing, University of São Paulo at Ribeirão Preto, Ribeirão Preto 14040-902, Brazil

Deadline for manuscript submissions:

**closed (31 December 2023)**

### Message from the Guest Editors

Dear Colleagues,

792 million people (about 10.7%; equivalent to more than one in ten people) were living with a mental health disorder in 2017 (WHO, 2018). Many mental health conditions are easily treated with high effectiveness at relatively low cost. However, the gap between people in need of care and those with access to care remains substantial. With the advent of the pandemic caused by SARS-CoV-2, these numbers are even larger and more sensitive in key populations. Due to its impact, mental health is today a major challenge for health research and practice and, for this reason, it should be seen as a public and global health priority for all countries and communities. Without good mental health, people feel unable to carry out daily living activities, including self-care, education, employment and participation in social life.

The development of debates focused on this public health problem is urgent and necessary, and should be based on research, policy and practice that place mental well-being at the heart of the public health agenda.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**

RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard Dixon  
Research Center, Morgan State  
University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

## Contact Us

---

International Journal of  
*Environmental Research and Public  
Health* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/ijerph](http://mdpi.com/journal/ijerph)  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)  
[X@IJERPH\\_MDPI](https://twitter.com/IJERPH_MDPI)