



Lifestyle Behaviors and Health Promotion in Young People

Guest Editor:

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Deadline for manuscript
submissions:

closed (30 September 2025)

Message from the Guest Editor

It has been suggested that healthy behavior established at a young age can help identify health status and the risks of presenting chronic non-communicable diseases later in life. Therefore, it is essential to monitor the lifestyle components of young people in order to promote their present and future health. We are particularly interested in novel multi-behavioral interventions that target these outcomes within young people from different cultures and regions of the world. We also welcome observational studies examining longitudinal, moderated and mediated relationships. Other manuscript types accepted include systematic reviews, meta-analysis and methodological papers.





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Prof. Dr. Paul R. Ward

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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