



## **Protecting and Promoting Family Members' Psychological Health in Challenging Times**

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### **Message from the Guest Editors**

Dear Colleagues,

throughout their life, families and their members have to face and adapt to many challenging and distressing situations. Some of them are due to changes in the family structure such as divorce, adoption, birth of a child or death of a family member, some others involve changes in family's or social circumstances, such as financial problems, migration, illness, addiction, extreme events and disasters including the current Covid-19 pandemic and Ukrainian crisis. All these changes can seriously undermine psychological health and family relationship quality. However, the family can also provide its members relevant resources, in terms of supportive relationships, shared beliefs and practices, to positively cope and become resilient in face of adversities.

This Special Issue aims to improve knowledge on family factors and dynamics protecting or promoting family members' psychological health during challenging times. Original research articles, meta-analyses, research literature reviews on recent developments in this field, proposals for innovative methodological approaches to analyzing family data are welcome.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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