



Present and Future Sustainable Health for the Athlete

Guest Editor:

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submissions:

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Message from the Guest Editor

Dear Colleagues,

Competitive and elite athletes are continuously challenged to find a balance between health and performance as they push their physical and mental boundaries in their pursuit of success. Good physical health leads to better athletic performance and neglect of health compromises the athlete; however, sustainable health is a necessity for long-term quality of life and is a moral obligation for those working with the athlete. The normalization of risk-taking as athletes push boundaries to succeed can be ruinous, with both short- and long-term consequences.

This Special Issue of *IJERPH* aims to attract papers about the relationship between physical and sustainable health within a high-demand training and competition environment. Submissions of intervention trials, observational trials, cross-sectional studies and reviews are encouraged. Longitudinal as well as experimental studies that examine outcome measures to the athlete with regards to physical and sustainable health in different sporting environments are also welcome, as are those looking at musculoskeletal injuries.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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