



An Integrative Approach to Global Ageing: Strategies and Actions Plans

Guest Editors:

Dr. Marina Almeida-Silva

H&TRC-Health & Technology
Research Center, Escola Superior
de Tecnologia da Saúde
(ESTeSL), Instituto Politécnico de
Lisboa, 1900-096 Lisbon,
Portugal

**Dr. Maria Teresa Barreiros
Caetano Tomás**

Health & Technology Research
Center (H&TRC), Escola Superior
de Tecnologia da Saúde de
Lisboa (ESTeSL), Instituto
Politécnico de Lisboa, 1900-096
Lisbon, Portugal

Deadline for manuscript
submissions:

closed (1 September 2023)

Message from the Guest Editors

In 2019, the global population aged 60 years and over (older adults) was just over 1 billion people, representing 13.2% of the world's total population of 7.7 billion. That number is 2.5 times greater than

According to WHO reports, global life expectancy at birth increased from 66.8 years in 2000 to 73.3 years in 2019, and healthy life expectancies (HALEs) at birth increased from 58.3 years to 63.7 years, showing that HALE has a slower increment than global life expectancy, leading to a slightly larger proportion of years lived with disability.

The WHO defines healthy ageing as “the process of developing and maintaining the functional ability that enables well-being in older age.” Based on this, there are three components to be measured using common standards and metrics: functional ability, intrinsic capacity, and environments.

In this sense, a more holistic and integrated approach could be crucial in investigating current and future actions of elderly people.

We would like to solicit quality articles to this Special Issue which we hope will help us to better prepare for a future with an active and healthy ageing population.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

International Journal of
Environmental Research and Public
Health Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)