

Special Issue

Health Outcomes Among the Elderly with Multiple Chronic Conditions: Urban Versus Rural Areas

Message from the Guest Editor

Healthcare is a prime area of public policies where geographic distribution of services is critically important. Urban concentration has both its advantages and disadvantages. Relative to rural areas, urbanization is associated with more physician availability, proximity to hospitals and health clinics, and better treatment modalities for critical care patients. These factors lead to a better access to healthcare for the general population as well as for the elderly, who are particularly vulnerable due to the existence of multiple chronic conditions and poorer functional status. On the other hand, recent data show that the urban agglomeration could have resulted in a higher prevalence of certain chronic conditions, such as asthma among children and COPD among the elderly, due to poorer living situations and poorer health outcomes, as marked by higher COVID-19 death rates. A comprehensive analysis of health outcomes for urban and rural area elderly residents, particularly those with a higher prevalence of chronic conditions and poorer functional status, will be useful to prescribe public policies for ideal geographic allocation of scarce healthcare resources.

Guest Editor

Dr. Jayasree (Joy) Basu

1. DSJ Consulting Services LLC, 7510 Redland Park Pl, Derwood, MD 20855, USA
2. Previously Affiliated with US Department of Health and Human Services, Agency for Healthcare Research and Quality, Rockville, MA 20857, USA
3. Previously Affiliated with US Department of Health and Human Services, Center for Medicare and Medicaid Services, Baltimore, MD 21244, USA
4. Previously affiliated with Maryland Health Resources Planning Commission, Baltimore, MD 21215, USA

Deadline for manuscript submissions

15 March 2026



Hospitals

an Open Access Journal
by MDPI



mdpi.com/si/226410

Hospitals
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
hospitals@mdpi.com

[mdpi.com/journal/
hospitals](https://mdpi.com/journal/hospitals)





Hospitals

an Open Access Journal
by MDPI



[mdpi.com/journal/
hospitals](https://mdpi.com/journal/hospitals)



About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

Dr. Francisco Epelde

Internal Medicine Department, Hospital de Sabadell, University
Autonoma of Barcelona, 08208 Barcelona, Spain

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid
by authors or their institutions.

Rapid Publication:

first decisions in 19 days; acceptance to publication in 4
days (median values for MDPI journals in the first half of
2025).

Recognition of Reviewers:

APC discount vouchers, optional signed peer review, and
reviewer names published annually in the journal.