

# Special Issue

## Advances in Nutritional Composition and Antioxidant Properties of Fruits and Vegetables

### Message from the Guest Editors

Time ago consumers were interested in the consumption of foods with good nutritional properties. Later, nutritional composition and health benefits as a plus was taken into account. However, nowadays it is important to include more natural products in the diet because of bioactive compounds and its antioxidants properties these kind of food contain. Because of this reason, people is increasing the demand for more variated vegetable and fruits in the daily diet. The study of the nutritional composition and antioxidant properties in common vegetables and fruits has been done, but there is another kind of exotic or non-conventional vegetable and fruits products which need to be analyzed to know its health-promoting properties attributed to its composition and antioxidant properties. Therefore, we invite you to consider publishing original research papers and reviews related to this special issue.

### Guest Editors

Dr. Maribel Ovando-Martínez

Dr. Ramón Francisco Dórame Miranda

Dr. Carmen Lizette Del Toro Sánchez

### Deadline for manuscript submissions

closed (5 April 2024)



# Horticulturae

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## About the Journal

### Message from the Editor-in-Chief

Horticultural plants and their products provide sustenance, health, and beauty. A confluence of factors is putting increasing pressure on horticultural production to evolve, and innovative research is addressing these challenges. *Horticulturae* provides a venue to communicate research results in a rapid manner with open access, allowing everyone the opportunity to stay abreast of leading research addressing horticulture. I invite you to consider publishing the results of your research in this high quality, peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Luigi De Bellis  
Department of Biological and Environmental Sciences and  
Technologies (DiSTeBA), Salento University, Lecce, Italy

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