



Nutrition, Phytochemistry, Bioactivity of Fresh-Consumed Vegetables

Guest Editors:

Dr. Costanza Ceccanti

Department of Agriculture, Food and Environment, University of Pisa, Via del Borghetto, 80-56124 Pisa, Italy

Dr. Rosario Paolo Mauro

Department of Agriculture, Food and Environment, University of Catania, Via Valdisavoia, 95123 Catania, Italy

Deadline for manuscript submissions:

closed (13 March 2023)

Message from the Guest Editors

Dear Colleagues,

In both plants and humans, these molecules detoxify reactive oxygen species (ROS), and the intensity of ROS damage mainly depends on the functionality of the antioxidant scavenging system. Plants synthesize bioactive compounds as a defense mechanism against biotic or abiotic stress. Thus, postharvest treatments that emulate such stress conditions can be used to stimulate the accumulation of these compounds in fresh fruits and vegetables. On the other hand, plant food preparation and processing often induce the degradation of bioactive molecules, thus reducing their amount in fresh-consumed vegetables.

The purpose of the Special Issue on “Nutrition, Phytochemistry, Bioactivity of Fresh-Consumed Vegetables” is to present new approaches in the retention of bioactivity content in plant food as a tool to prevent human oxidative stresses. Moreover, studies addressing new food processing strategies to enhance both the bioaccessibility and the bioavailability of bioactive compounds in plant-based food are also accepted. Original papers, reviews, opinions, and perspectives about these topics are welcome.





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Editor-in-Chief

Prof. Dr. Luigi De Bellis

Department of Biological and Environmental Sciences and Technologies, Università del Salento, Centro Ecotekne, Via Provinciale Lecce Monteroni, 73100 Lecce, Italy

Message from the Editor-in-Chief

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Horticulturae Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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