# Special Issue

# Sleep Disorders Effect on Human Health

## Message from the Guest Editors

Sleep plays a vital role in healthy cognitive and behavioural functioning across all cultures. In recent years, sleep disorders and sleep disturbances have been linked to health conditions and mental health issues as well as physical and emotional functioning. Numerous studies have pointed to sleep disturbances as an important predictor of executive functioning and behavior, language, and academic performance. There is also strong evidence that new knowledge is consolidated across sleep periods. We hope that this Special Issue will highlight the diversity and impact of sleep issues across cultures and populations. This Special Issue welcomes original research articles with cross-sectional, longitudinal, and intervention studies, as well as reviews, meta-analyses, and systematic reviews.

### **Guest Editors**

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### Deadline for manuscript submissions

closed (30 September 2022)



## Healthcare

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

### Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

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