Special Issue

The Role of Physical Therapy in Pain Management and Pain Relief

Message from the Guest Editor

Pain management and pain relief are among the key determinants of successful physical therapy care of many neuromusculoskeletal conditions. However, several interactions seem to exist between the pain experience magnitude and duration, the associated self-reported and functional disability recorded, and patients' psychosocial state. Therefore, several issues arise in the rehabilitation of pain-related conditions from the diagnostic point of view to the management strategies available. Acute and chronic pain conditions may require different management strategies. This Special Issue focuses on delineating recent research findings in physical therapy as a conservative method available in the assessment and management of several pain conditions. Within the remit of this Special Issue, different exercise approaches, manual therapy techniques, electrophysical modalities, soft tissue techniques, motor and mental imagery strategies, psychologically based approaches, ergonomic and load management programs can be included.

Guest Editor

Dr. Koumantakis George

Laboratory of Advanced Physiotherapy (LAdPhys), Physiotherapy Department, School of Health and Care Sciences, University of West Attica (UNIWA), 122 43 Athens, Greece

Deadline for manuscript submissions

closed (31 March 2023)



Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/107719

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7 CiteScore 4.7 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX 75246-1754, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

