

Special Issue

Mental and Behavioral Healthcare

Message from the Guest Editor

Investing in lifestyle, mental health and wellbeing, stress reduction, dietary interventions, and positive behavioral incentives, as well as to the reverting of sedentary behaviors and promoting of physical exercise seems to have potential beneficial effects on one's health prognosis, both in the short term, when specific disease states become overt, as well as in the long term to prevent and/or mitigate the potential development of health threatening syndromes. Studies investigating such relations, or the underlying neuroendocrinological/psychophysiological processes, are consequently of relevance for this Special Issue.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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