

Special Issue

Healthcare and Rehabilitation of Older Adults

Message from the Guest Editors

Demographic ageing is a worldwide phenomenon that places significant challenges to all societies. Although ageing is a highly individual and variable process, with many older adults ageing well and healthy in several life domains, many others are frail and vulnerable to complex chronic conditions that challenge the current approaches to care. There is a need to re-think healthcare, rehabilitation, and health promotion, with a focus on the development of integrated and empowering interventions. The scope of this issue is to disseminate research evidence on innovative approaches to health promotion and rehabilitation for older adults. Prevention and rehabilitation programmes might be at any level: person-centered, family-based, home-based, community-based, and multicenter levels. Interventions can target health literacy, psychosocial support, behavioral change, adherence, exercise training, nutrition, cognitive training, and self-management, among others. Population might be healthy older adults or older adults with chronic conditions. Research might be quantitative, qualitative, mixed methods or reviews that meet established review standards.

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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