

Special Issue

Food, Nutrition and Health

Message from the Guest Editors

Substances and molecular derivatives travelling along the digestive tract within the food matrix may have long-term effects on human health. These effects can be related to, for instance, the bioavailability of essential nutrients and bioactive compounds, intestinal cell function and metabolism, and the composition and dynamics of human gut and oral microbiota. [...] Thus, the focus of this Special Issue is on: 1) the food-borne exposure of the dynamic human digestive system to pollutants and natural or synthetic anti-nutritional factors; and 2) non-invasive sampling methods and imaging tools applied in research on clinical nutrition and human microbiota. For further details, please read [Food, Nutrition and Health](#)

Guest Editors

Prof. Dr. Marjukka Kolehmainen

Department of Clinical Nutrition, University of Eastern Finland, Kuopio, Finland

Dr. Anna K  rlund

Institute of Public Health and Clinical Nutrition, University of Eastern Finland, P.O. Box 1627, FI-70211 Kuopio, Finland

Deadline for manuscript submissions

closed (31 May 2021)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/61027

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1
(Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).