

## Special Issue

# Exercise Evaluation and Prescription in Older Adults

### Message from the Guest Editors

We will be accepting papers including intervention studies, random controlled trials, and systematic reviews with or without meta-analysis; innovative technologies, such as exergames and new technologies for evaluating and monitoring physical exercise adaptations; and research analysis methods, such as those centered on analyzing individual variability response to exercise-related interventions. We also cordially invite all colleagues from the most diverse areas to collaborate in this Special Issue, such as sports and exercise scientists, physiotherapists and rehabilitation scientists, and kinesiologists, among others.

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### Guest Editors

Dr. Eduardo Carballera

Dr. Guilherme Furtado

Dr. Rubens Vinícius Letieri

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### Deadline for manuscript submissions

closed (2 July 2022)



## Healthcare

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Impact Factor 2.7  
CiteScore 4.7  
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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

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#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
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#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).