Special Issue

Obesity, Dietary and Physical Activity

Message from the Guest Editor

Overweight and obesity have reached epidemic proportions in all age groups worldwide and are major risk factors for premature mortality and morbidity. Changes in the diet, overeating, frequent snacking, and physical inactivity are the main reasons for energetic imbalance, where energy intake exceeds energy expenditure. At the same time, diet, lifestyle, and physical activity are the crucial points for potential interventions which can inhibit the processes of gaining weight or even reverse the global trends of mortality. We invite for publication randomized trials, systematic reviews, and meta-analyses with potentially the most significant impact on changing our medical reality.

Guest Editor

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Deadline for manuscript submissions

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

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