

Special Issue

Strengthening Couple Relationships: Innovations in Practice

Message from the Guest Editor

Successful relationships are a key component of health and well-being. Extant literature has well documented the associations between physical and mental health, especially, the role of relationships satisfaction and happiness in one's overall well-being. For example, scholars consistently see a link between the state of one's intimate relationship and the incidence of depression, as well as the subsequent link between depression and how it affects one's biology in a myriad of ways, impacting the cardiovascular system and neurocognitive functions, causing chronic pain and inflammation, and increasing the potential for substance use and abuse. In addition, couples mutually influence each others' health outcomes due to overlaps in their lives such as sharing the same environment, a tendency to engage in similar levels of health-consciousness, and the observation and matching of each other's mood states.

Guest Editor

Prof. Katherine Hertlein
University of Nevada, Las Vegas, NV, USA

Deadline for manuscript submissions

closed (1 June 2021)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/61074

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1
(Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).