

## Special Issue

# Strengthening Couple Relationships: Innovations in Practice

### Message from the Guest Editor

Successful relationships are a key component of health and well-being. Extant literature has well documented the associations between physical and mental health, especially, the role of relationships satisfaction and happiness in one's overall well-being. For example, scholars consistently see a link between the state of one's intimate relationship and the incidence of depression, as well as the subsequent link between depression and how it affects one's biology in a myriad of ways, impacting the cardiovascular system and neurocognitive functions, causing chronic pain and inflammation, and increasing the potential for substance use and abuse. In addition, couples mutually influence each others' health outcomes due to overlaps in their lives such as sharing the same environment, a tendency to engage in similar levels of health-consciousness, and the observation and matching of each other's mood states.

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### Guest Editor

Prof. Katherine Hertlein  
University of Nevada, Las Vegas, NV, USA

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### Deadline for manuscript submissions

closed (1 June 2021)



## Healthcare

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Impact Factor 3.4  
CiteScore 5.5  
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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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