Special Issue

Dynamics of Physical and Mental Health Promotion Among Marginalised Communities: A Holistic Approach

Message from the Guest Editors

Physical and mental health are interconnected and vital to overall well-being. Marginalised communities—such as ethnic/religious minorities, indigenous peoples, women, people with disabilities, LGBTQ+ individuals, migrants, refugees, and those in poverty—face systemic exclusion, discrimination, and unequal healthcare access, leading to worse health outcomes. This Special Issue, "Dynamics of Physical and Mental Health Promotion Among Marginalised Communities: A Holistic Approach," invites research on integrated, culturally sensitive, and community-driven care. Topics include:

- Addressing health inequities through advocacy, policy, and holistic approaches.
- Innovative models/intersectional approaches to health promotion.
- Scoping/systematic reviews/meta-analyses on physical and mental health.
- Quantitative/qualitative studies on health promotion for marginalised groups.
- Participatory research co-designed with communities.

We welcome original research and reviews.

Guest Editors

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About the Journal

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

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