# Special Issue

# Improving End-of-Life Care in the Digital Era

## Message from the Guest Editors

Improvements in quality of life for terminally ill patients are designed to provide holistic care that addresses their physical, psychological, social, and spiritual needs. Palliative care plays a crucial role and includes managing pain and other symptoms, providing emotional and spiritual support, and helping patients and families make informed decisions about their care. Open communication, personalized care plans, and access to appropriate resources are also key elements in enhancing the overall well-being of individuals facing a terminal illness. Empowering strategies such as advanced care planning are fundamental. This is a collaborative process of decision making in which patients and healthcare providers work together, identifying and documenting patient's preferences for future medical care that is consistent with their goals and values in the context of serious life-threatening or life-limiting disease, so that patients can have the best possible health-related quality of life (HRQoL). Dignity therapy is also an option if this is the patient's choice. This Special Issue will focus on these subjects in the context of the rapid evolution of the digital era.

### **Guest Editors**

Prof. Dr. Rui Nunes

Dr. Francisca Rego

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## Deadline for manuscript submissions

31 August 2026



## **Healthcare**

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

## Editor-in-Chief

issues.

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