Special Issue

Dietary Management of Inherited Metabolic Disorders

Message from the Guest Editors

Endocrine disorders and metabolic diseases in relation to dietary intolerance occur when abnormal biochemical reactions interfere with the body's metabolism. These disturbances can affect the proper breakdown of large molecules for energy, disrupt the efficient production of energy by cells, or cause problems with energy regulation. The epidemiology of these disorders is very diverse, and their increasing prevalence in the population is becoming problematic. The wide variety of symptoms of these disorders also creates issues and extends the diagnostic process. It is important to describe the health needs of intolerant patients and family members related to the role of the pharmacist and to carry out actions related to medicines to facilitate information for patients and health professionals. This Special Issue will publish advancements and current trends related to dietary management of inherited metabolic disorders, diagnosis, tools, and treatment. Research and review articles on the presented and related topics are appropriate for this special edition of Healthcare.

Guest Editors

Prof. Dr. Sonia Santander Ballestín

Facultad de Medicina, Universidad de Zaragoza, C. de Pedro Cerbuna, 12, 50009 Zaragoza, Spain

Prof. Dr. María José Luesma

Facultad de Medicina, Universidad de Zaragoza, C. de Pedro Cerbuna, 12, 50009 Zaragoza, Spain

Deadline for manuscript submissions

closed (29 February 2024)



Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/140443

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7 CiteScore 4.7 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX 75246-1754, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

