Special Issue

Psychological Well-Being, Decision-Making Style, and Individual Differences

Message from the Guest Editor

Psychological well-being is a multi-faceted construct that positively affects cognitive functioning, health, and social relationships. Emerging research suggests that the predictors and contributing factors of psychological well-being include individual differences and decision-making skills. Certain personality traits and the ability to make optimal decisions directly impact our health, happiness, and well-being. The main objective of this Special Issue is to analyze the relationship between psychological well-being, decision-making style, and individual differences. This Special Issue seeks commentaries, original research, short reports, and reviews examining the effects of individual differences and decision-making skills on the level of psychological well-being experienced by individuals.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

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