

## Special Issue

# The Impact of Physical Inactivity on Children's Health: The Current Status of Children's Physical Condition, Influencing Variables and Future Implications

### Message from the Guest Editors

Physical inactivity, excess weight and low motor skills are three crucial factors that impact children's health, with long-term implications for children's physical, social and psychological development. These factors can interact in complex ways, influencing not only physical health but also children's learning opportunities and motor development. This Special Issue aims to garner interdisciplinary research that explores the relationships between physical inactivity, excess weight, motor competence and all the variables that affect child health. Original studies and systematic reviews that address prevalence, risk factors, consequences, and preventive or interventional approaches are welcome. We also encourage the submission of research that explores the interaction of these factors with psychosocial, educational and environmental aspects, as well as studies on programs that promote healthy habits and adequate motor development. The aim of this Special Issue is to provide a platform for researchers from various areas of child development to provide new evidence on how overweight and motor competence are interconnected.

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### Deadline for manuscript submissions

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## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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