

Special Issue

The Impact of Physical Inactivity on Children's Health: The Current Status of Children's Physical Condition, Influencing Variables and Future Implications

Message from the Guest Editors

Physical inactivity, excess weight and low motor skills are three crucial factors that impact children's health, with long-term implications for children's physical, social and psychological development. These factors can interact in complex ways, influencing not only physical health but also children's learning opportunities and motor development. This Special Issue aims to garner interdisciplinary research that explores the relationships between physical inactivity, excess weight, motor competence and all the variables that affect child health. Original studies and systematic reviews that address prevalence, risk factors, consequences, and preventive or interventional approaches are welcome. We also encourage the submission of research that explores the interaction of these factors with psychosocial, educational and environmental aspects, as well as studies on programs that promote healthy habits and adequate motor development. The aim of this Special Issue is to provide a platform for researchers from various areas of child development to provide new evidence on how overweight and motor competence are interconnected.

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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