# **Special Issue**

# Physical Therapy and Rehabilitation in Sports

## Message from the Guest Editors

The aim of this Special Issue is to publish the most current and innovative scientific evidence in the field of physical therapy and rehabilitation, encompassing both interventional and observational studies. In this context, all types of systematic reviews and clinical trials are welcome, as well as other cross-sectional study designs, provided that the applied methodologies are sufficiently robust and the topics align with the scope of the Special Issue.

Research areas may include (but are not limited to) the following:

- Systematic reviews and meta-analyses;
- Validation studies related to physical therapy and rehabilitation in sports;
- Clinical trials evaluating the efficacy or the effectiveness of non-surgical interventions in sports medicine;
- Pilot and feasibility studies;
- Diagnostic studies;
- Cross-sectional, cohort, or case-control studies;
- Validation and reliability studies;
- Pertinent clinical reports or case series.

We look forward to receiving your contributions.

### **Guest Editors**

Prof. Dr. Luis Ceballos-Laita

Prof. Dr. Sandra Jiménez-Del-Barrio

Dr. Ricardo Medrano-De-La-Fuente

Dr. Ignacio Hernando-Garijo

## Deadline for manuscript submissions

31 October 2025



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# **About the Journal**

# Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

#### Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

