Special Issue

Physiotherapy and Occupational Therapy for People with Parkinson's Disease

Message from the Guest Editors

Globally, disability and death resulting from Parkinson's disease (PD) are escalating more rapidly than for any other neurological disorder and, as the disease progresses, individuals experience increased difficulty performing everyday tasks. Physiotherapy (PT) and occupational therapy (OT) are essential components of the multidisciplinary approach to managing PD. Both therapies aim to improve the quality of life and functional independence of individuals with PD by addressing the motor and non-motor symptoms associated with the disease. Evidence-based PT and OT interventions have been shown to mitigate these effects, promoting physical and mental well-being; however, to truly maximize their impact, it is crucial to strengthen the evidence base by conducting high-quality studies. PT and OT research contributes to optimizing current practices, and developing innovative interventions tailored to the diverse needs of PD patients from the early to advanced disease stages. We are pleased to invite you to provide clinicians and researchers with new, high-quality evidence on PT and OT interventions, aimed at enhancing the multifaceted functionality of individuals living with PD.

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