

## Special Issue

# Evaluating Health and Wellness in Schools: Assessment, Predictors, and Interventions

### Message from the Guest Editors

We are pleased to invite researchers to contribute empirical works and/or reviews that fall within the scope of this Special Issue. Studies addressing assessments, predictive relationships, and interventions are particularly welcomed. Studies designed to address methodological shortcomings and suggestions for improving assessments in school health and wellness are also welcomed. Research areas relevant to the Special Issue may include (but are not limited to) the following:

- Assessment of health and wellness in schools, new instruments, modifications, validation studies
- Predictors of health and wellness outcomes, applications and extension of theoretical schemes that explain relevant outcomes on school health and wellbeing.
- Interventions to promote health and wellness: experimental, quasi-experimental studies, cohort and cohort sequential studies, and clinical trials are also welcomed.
- The role of technology in health and wellness assessment and intervention
- School intervention and practices that promote health and wellbeing in students

We look forward to receiving your contributions.

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### Guest Editors

Dr. Georgios Sideridis

Boston Children's Hospital, Harvard Medical School, Boston, MA 02115, USA

Dr. Kosuke Kawai

Division of General Internal Medicine and Health Services Research, Department of Medicine Statistics Core, University of California, Los Angeles, CA, 90024, USA

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### Deadline for manuscript submissions

28 February 2026



## Healthcare

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*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).