

Special Issue

Preventive and Management Strategies in Modern Obstetrics

Message from the Guest Editors

Modern obstetrics has evolved significantly over recent decades, emphasizing preventive care and effective management strategies to ensure the best outcomes for both mothers and infants. With advancements in medical technology, evidence-based practices, and a holistic approach to maternal health, the field continues to refine its methods. Preconception care is crucial for identifying and managing risk factors before pregnancy. This includes health assessments, nutritional counseling, guidance on balanced nutrition, and lifestyle modifications. Specialized care for pregnancies with increased risk of complications includes a collaboration between obstetricians, perinatologists, and other specialists, and more frequent prenatal visits, ultrasounds, and non-stress tests to monitor fetal well-being. In this Special Issue, original research articles and reviews are welcome. Research areas may include the following:

- Obstetrics;
- Preventive strategies;
- Management techniques;
- Maternal-fetal medicine.

Guest Editors

Dr. Ioannis Tsakiridis

Third Department of Obstetrics and Gynecology, Faculty of Health Sciences, School of Medicine, Aristotle University of Thessaloniki, Agiou Dimitriou, 54124 Thessaloniki, Greece

Dr. Themistoklis I. Dagklis

Third Department of Obstetrics and Gynecology, School of Medicine, Aristotle University of Thessaloniki, 54124 Thessaloniki, Greece

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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

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Message from the Editor-in-Chief

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Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

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