# **Special Issue**

# Preventive and Management Strategies in Modern Obstetrics

## Message from the Guest Editors

Modern obstetrics has evolved significantly over recent decades, emphasizing preventive care and effective management strategies to ensure the best outcomes for both mothers and infants. With advancements in medical technology, evidence-based practices, and a holistic approach to maternal health, the field continues to refine its methods. Preconception care is crucial for identifying and managing risk factors before pregnancy. This includes health assessments, nutritional counseling, guidance on balanced nutrition, and lifestyle modifications. Specialized care for pregnancies with increased risk of complications includes a collaboration between obstetricians, perinatologists, and other specialists, and more frequent prenatal visits, ultrasounds, and non-stress tests to monitor fetal wellbeing. In this Special Issue, original research articles and reviews are welcome. Research areas may include the following:

- Obstetrics:
- Preventive strategies;
- Management techniques;
- Maternal-fetal medicine.

## **Guest Editors**

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## Deadline for manuscript submissions

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

## Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

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