

Special Issue

The Impact of Digital Technology Use on the Mental and Physical Health

Message from the Guest Editor

The mechanisms through which digital technology use may impact mental or physical health, and vice versa, is also understudied. Again, most research has focused on younger age groups and has not explored whether these mechanisms occur in older or other socio-demographic groups. This Special Issue aims to publish original studies and reviews that examine these relationships and explore the potential mediating and moderating factors that influence them. We hope to expand the current evidence on the whether and how digital technology use impacts mental or physical health to inform policies, interventions and current and future digital technology users. In this Special Issue, original research articles and reviews are welcome. The research areas may include (but are not limited to) the following:

- Systematic reviews and meta analyses of studies on digital technology use and mental or physical health;
- Cross-national comparative studies;
- Longitudinal studies;
- Cross-sectional and longitudinal studies exploring the relationship between digital technology use and mental or physical health.

Guest Editor

Dr. Cara Booker

Institute for Social and Economic Research, University of Essex,
Wivenhoe Park, Colchester Co4 3SQ, UK

Deadline for manuscript submissions

closed (31 May 2025)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 5.5
Indexed in PubMed



mdpi.com/si/190784

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)





Healthcare

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 5.5
Indexed in PubMed



[mdpi.com/journal/
healthcare](https://mdpi.com/journal/healthcare)



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA
92697, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2025).