

Special Issue

The Impact of Digital Technology Use on the Mental and Physical Health

Message from the Guest Editor

The mechanisms through which digital technology use may impact mental or physical health, and vice versa, is also understudied. Again, most research has focused on younger age groups and has not explored whether these mechanisms occur in older or other socio-demographic groups. This Special Issue aims to publish original studies and reviews that examine these relationships and explore the potential mediating and moderating factors that influence them. We hope to expand the current evidence on the whether and how digital technology use impacts mental or physical health to inform policies, interventions and current and future digital technology users. In this Special Issue, original research articles and reviews are welcome. The research areas may include (but are not limited to) the following:

- Systematic reviews and meta analyses of studies on digital technology use and mental or physical health;
- Cross-national comparative studies;
- Longitudinal studies;
- Cross-sectional and longitudinal studies exploring the relationship between digital technology use and mental or physical health.

Guest Editor

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Deadline for manuscript submissions

closed (31 May 2025)



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/190784

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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