

Special Issue

Towards a Psychosociopolitical Approach to Mental Health: Individual and Societal Determinants of Mental Illness and Health in Adults

Message from the Guest Editors

Mental health is determined by the interaction and/or compounding effects of multi-level factors, including individual; interpersonal and structural sociopolitical. Additionally, individual beliefs on mental health and illness, on evidence-based mental health solutions, as well as social representations of mental health and illness, contribute to individuals' knowledge and/or perceptions of available mental health resources, and to their attitude towards mental health care professionals and services. With this Special Issue, we aim to contribute to a multi-level and socio-ecological understanding of mental health and illness, and the associated protective and risk factors. Studies that are conducted within a biopsychosocial framework, and integrate neurobiophysiological correlates of psychological processes and mental health indicators, are encouraged, as are studies adopting a socio-ecological approach to the mental health of individuals from minoritized communities.

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