

Special Issue

Understanding Mental Health Problems from a Trauma-Informed Perspective

Message from the Guest Editors

Traumatic experiences, such as family violence, emotional maltreatment, and physical abuse, are risk factors for mental health problems. Some specific mental health problems, such as PTSD, dissociative disorders, and borderline personality disorder, have been linked to trauma and adversities, while other mental health problems may also develop after trauma. A trauma-informed approach is vital for managing these challenges. This special issue invites research articles, case reports, brief reports, reviews, and opinion pieces on trauma and its mental health consequences.

Manuscripts with implications for theories and practice are welcome. Topics include:

- Epidemiology of trauma-related mental health issues and comorbidities
- Developmental trajectories and protective factors in trauma-related mental health
- Characteristics or service needs of affected individuals
- Assessment for trauma-related mental health problems
- Clinical management or interventions for affected individuals
- Examination or modification of the trauma model
- Trauma-informed public health considerations

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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