

Topical Collection

Sport and Exercise Medicine

Message from the Collection Editors

This Special Issue's focus is to open a window of opportunity to publish articles that reveal the effects of using sports and exercises as a single or combined approach for healthcare in clinical and non-clinical populations. Considering that more research should be conducted and published about such important topics, the aim of the Special Issue "Sport and Exercise Medicine" is to publish original, high-quality investigations and narrative and systematic reviews in the field of health care, sports, and exercise. We look forward to receiving contributions related (but not limited) to the following topics: (i) experimental studies and interventions using sports and exercise in healthy or clinical populations; (ii) observational analytic studies identifying the effects of practicing sport and exercise on health and quality of life; (iii) systematic reviews and meta-analyses that may summarize the evidence about the effects of sport and exercise on healthy and clinical populations.

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).