

Special Issue

The Role of Nutrition in Metabolic Dysfunction-Associated Steatotic Liver Disease

Message from the Guest Editor

Metabolic dysfunction-associated steatotic liver disease (MASLD) is a common cause of chronic liver disease in most countries. Malnutrition (undernutrition and overnutrition) plays a pivotal role in the onset and progression of MASLD. Also, innovative dietary therapies, including those based on caloric restriction and nutrient modification or bioactive food compound supplementation, could contribute to the precise management of MASLD. This Special Issue covers epidemiological and observational evidence about the implication of nutrition on the prevalence of MASLD. Clinical trials focused on the use of dietary interventions for the treatment of MASLD are encouraged. Comprehensive reviews covering the most important advances concerning the interplay of nutrition in MASLD are also welcome.

Guest Editor

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Message from the Editor-in-Chief

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