

## Special Issue

# Biological vs. Chronological Age: Clinical Implications in Multiple Sclerosis

### Message from the Guest Editor

Chronological age, determined by the time elapsed since the birth of an individual, is one of the main risk factors for the onset of neurodegenerative diseases. The relationship between chronological age and the clinical course of multiple sclerosis (MS) has long been established through epidemiological studies.

Advanced chronological age carries a higher risk for developing progressive disease phenotypes and a poor disability recovery from relapses. However, individuals of the same age show a significant heterogeneity in the disease course of MS despite sharing similar baseline prognostic factors. A hypothetical explanation for this disparity, in part, is the biological age of each individual.

This Special Issue aims to publish original studies and reviews, including both clinical trials and observational studies, that focus on the potential effect of biological age on MS evolution and severity.

I look forward to receiving your contributions.

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### Guest Editor

Dr. Patricia Mulero

Department of Neurology, Hospital Clínico Universitario de Valladolid,  
47003 Valladolid, Spain

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### Deadline for manuscript submissions

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## Healthcare

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*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

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