

## Special Issue

# Psychological Diagnosis and Treatment of People with Mental Disorders

### Message from the Guest Editors

Our Special Issue aims at providing the scientific community with new insights into conceptualisation, assessment, treatment, and prevention of mental illnesses and other clinical conditions, with the focus on their interdisciplinary nature. Research areas may include, but are not limited to, the following:

- Etiology, transdiagnostic risk factors (e.g., alexithymia), and prevention of mental disorders;
- Examining premorbidity of mental health issues;
- Innovative psychological interventions (e.g., mindfulness and nature-based interventions);
- Investigating links between mental health and sexual well-being;
- Prevalence and comorbidity of mental health disorders;
- Psychological interventions strengthening resources of people suffering from mental health problems;
- Researching changes in psychosocial functioning in the course of diagnosis and treatment;
- Screening and psychological assessment of mental health problems;
- The role of positive and negative psychological factors in mental health outcomes;
- Theory and practice of new approaches for understanding and treatment of mental disorders;
- Transdiagnostic treatment of emotional disorders.

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### Guest Editors

Prof. Dr. Michał Lew-Starowicz

Dr. Paweł Larionow

Dr. Karolina Mudło-Giągolska

Dr. Magdalena Gawrych

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### Deadline for manuscript submissions

closed (31 January 2026)



## Healthcare

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Impact Factor 3.4  
CiteScore 5.5  
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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
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indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

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#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2026).