# Special Issue

# Psychological Diagnosis and Treatment of People with Mental Disorders

## Message from the Guest Editors

Our Special Issue aims at providing the scientific community with new insights into conceptualisation, assessment, treatment, and prevention of mental illnesses and other clinical conditions, with the focus on their interdisciplinary nature. Research areas may include, but are not limited to, the following:

- Etiology, transdiagnostic risk factors (e.g., alexithymia), and prevention of mental disorders;
- Examining premorbidity of mental health issues;
- Innovative psychological interventions (e.g., mindfulness and nature-based interventions);
- Investigating links between mental health and sexual well-being;
- Prevalence and comorbidity of mental health disorders:
- Psychological interventions strengthening resources of people suffering from mental health problems;
- Researching changes in psychosocial functioning in the course of diagnosis and treatment;
- Screening and psychological assessment of mental health problems;
- The role of positive and negative psychological factors in mental health outcomes:
- Theory and practice of new approaches for understanding and treatment of mental disorders;
- Transdiagnostic treatment of emotional disorders.

### **Guest Editors**

Prof. Dr. Michał Lew-Starowicz

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Dr. Karolina Mudło-Głagolska

Dr. Magdalena Gawrych

## Deadline for manuscript submissions

31 January 2026



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# **About the Journal**

## Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

#### Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

