

## Special Issue

# Remote Interventions in Patients with Chronic Lung and Cardiovascular Diseases

### Message from the Guest Editors

The global burden of chronic respiratory and cardiovascular conditions continues to grow, increasing demand for innovative, accessible, and cost-effective care models. Remote interventions, such as telehealth, telerehabilitation, and mobile health technologies, have emerged as vital tools for supporting the long-term management of these diseases, improving clinical outcomes, enhancing patient adherence, and reducing healthcare utilization. This Special Issue will gather cutting-edge research and evidence-based approaches on the development, application, and effectiveness of remote interventions in pulmonary and cardiovascular care. Fitting the scope of *Healthcare*, we seek contributions that advance multidisciplinary, patient-centered, and technology-integrated care. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Telemonitoring and virtual rehabilitation;
- Mobile health and wearable technologies;
- Remote patient education and behavior change;
- Digital health in cardiac and pulmonary rehabilitation;
- Pulmonary and cardiac telerehabilitation;
- Patient engagement and outcome assessment.

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### Deadline for manuscript submissions

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## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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