Special Issue

Physical Activity in Vulnerable Groups

Message from the Guest Editor

We all acknowledge that maintaining a high level of physical activity is crucial for the health and overall wellbeing of individuals, particularly for those identified as vulnerable groups. This Special Issue seeks to further our understanding on how physical activity affects health and wellbeing within vulnerable populations. We invite submissions that delve into (I) intervention studies that examine the changes in health status and physical activity levels following the implementation of specific strategies or programs, (II) cross-sectional studies that examine the relationship between physical activity and various health indicators in vulnerable groups, and (III) methodological papers detailing the development and validation of instruments used to measure physical activity in these populations to aid in refining our assessment methods.

Guest Editor

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Deadline for manuscript submissions

closed (31 December 2024)



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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

