

Special Issue

Advances in Physical Therapy for Sports-Related Injuries and Pain

Message from the Guest Editors

We are pleased to invite you to contribute to this Special Issue of the *Healthcare* journal. Sports participation is widely recognized for its physical, psychological, and social benefits; however, pain and injuries are common challenges that can impact performance, longevity, and overall well-being. Physical therapy plays a crucial role in injury prevention, rehabilitation, and performance optimization. In this Special Issue, original research articles and systematic reviews are welcome. Research areas may include (but are not limited to) the following:

- Evidence-based physical therapy interventions for sports-related injuries and pain;
- Post-surgical rehabilitation strategies for athletes;
- Biomechanics in injury and rehabilitation;
- Injury patterns and prevention strategies in para-sports;
- Adaptive rehabilitation techniques for athletes with physical and neurological impairments;
- Assistive devices and digital health (virtual reality, artificial intelligence, robotics, etc.) in sports rehabilitation;
- Psychological and psychosocial aspects of sports injuries

We look forward to receiving your contributions.

Guest Editors

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Deadline for manuscript submissions

28 February 2026



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/237826

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).