Special Issue

Psychology in Sex and Gender

Message from the Guest Editor

Sexuality is a central aspect in all of our lives. When we talk about sex, we are talking about a myriad of meanings, expressions, emotions, bodies, beliefs, and stereotypes that are constantly evolving over time and space.

Today, it has become even more important to investigate sexual health in an operational form, with a greater positivity and openness (as well as scientific curiosity) towards these issues. The possibility of depathologizing certain expressions and including concepts such as fluidity, non-binarism and consent offers an extraordinary opportunity to renew healthcare science, to make it more real, effective and, above all, close to the patient's needs and wishes.

In this sense, the aim of the Special Issue is to gather new research of any kind (e.g., reviews, meta-analyses, original studies) that have as a key theme the study of (part of) the complex interaction between psychology, sex and gender in their investigations for the improvement of health and quality of life, both in terms of prevention and treatment.

Guest Editor

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Deadline for manuscript submissions

closed (1 July 2025)



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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

