Special Issue

Physical Rehabilitation & Prevention in Sports Injuries

Message from the Guest Editor

This Special Issue of Healthcare will collect wide range of research papers on the theme of physical rehabilitation, physiotherapy, and prevention in sports injuries for improving pre-injury policy and offering more effective post-injury treatment to help individuals to retrieve their physical health.

The sportsmen and participation of broad population in the active lifestyle are increasing, call for more effective training methods and improvement of the quality of physical care appears to be more appealing. The physiotherapists and trainers nowadays tend to be inspiration for the general public, updating their knowledge and practices, but renounceing inefficient or even harmful techniques. Due to improper training methods or immoderate intensity suffer with chronic pain or severe injuries later in age and are compelled to suspend or in more critical case quit their career earlier than expected.

In many cases, the pain can be alleviated or even completely eliminated through diverse methods of physical rehabilitation. But should also focous on detection of primary cause of the pain, so the prevention of injury's origin later in time might be more effective.

Guest Editor

Prof. Dr. Junghoon Lee

 Department of Physical Therapy, College of Nursing, Healthcare Sciences and Human Ecology, Dong-Eui University, Busan, Korea
 Integrated Physical Medicine Institute, Dong-Eui University, Busan, Korea

Deadline for manuscript submissions

closed (30 April 2021)



Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/49137

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7 CiteScore 4.7 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX 75246-1754, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

