

Special Issue

Physical Activity and Rehabilitation Practice

Message from the Guest Editor

Physical inactivity has been reported as one of the risk factors for all-cause mortality. For this reason, increasing physical activity and reducing sedentary behavior are recommended for all populations including older adults and chronic conditions, for prevention. However, only few subjects engaged in rehabilitation settings can meet the recommendations regarding physical activity. In addition, one of the problems is that intervention guidelines and methods for measuring physical activity have not been established for some chronic diseases. Thus, the aim of this Special Issue is to establish effective strategies and validated measurements for physical activity in rehabilitation practice.

Guest Editor

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Message from the Editor-in-Chief

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