Special Issue

Strategies to Manage Obesity in Older Adults

Message from the Guest Editor

Given the unprecedented trend in population aging, there is an increased need to promote healthy aging. However, a number of physiological changes are associated with age, including reductions in lean body mass and a concurrent accumulation of fat mass. As such, secular trends in obesity amongst the older adult population have steadily increased over recent decades, making this an important public health priority. Obesity in older adults is associated with illness and comorbid disease, mobility disability, falls and fractures, poor quality of life and premature mortality. These adverse health outcomes not only affect the lives of individuals, but also overall healthcare expenditure. In this Special Issue of Healthcare, we aim to provide our readers, including clinicians, allied health professionals, researchers and older adults themselves, with the latest evidence on therapeutic treatment strategies (lifestyle.) behavioural and pharmacological) for the management of obesity in aging. We therefore invite manuscripts describing epidemiological, interventional and implementation studies which explore potential strategies to combat obesity in older adults.

Guest Editor

Dr. Anthony Villani

School of Health and Behavioural Sciences, University of the Sunshine Coast, Sippy Downs, QLD 4556, Australia

Deadline for manuscript submissions

closed (30 April 2022)



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Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

Prof. Dr. Lorraine S. Evangelista

Louise Herrington School of Nursing, Baylor University, Dallas, TX 75246-1754, USA

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