

Special Issue

Strategies to Manage Obesity in Older Adults

Message from the Guest Editor

Given the unprecedented trend in population aging, there is an increased need to promote healthy aging. However, a number of physiological changes are associated with age, including reductions in lean body mass and a concurrent accumulation of fat mass. As such, secular trends in obesity amongst the older adult population have steadily increased over recent decades, making this an important public health priority. Obesity in older adults is associated with illness and comorbid disease, mobility disability, falls and fractures, poor quality of life and premature mortality. These adverse health outcomes not only affect the lives of individuals, but also overall healthcare expenditure. In this Special Issue of *Healthcare*, we aim to provide our readers, including clinicians, allied health professionals, researchers and older adults themselves, with the latest evidence on therapeutic treatment strategies (lifestyle, behavioural and pharmacological) for the management of obesity in aging. We therefore invite manuscripts describing epidemiological, interventional and implementation studies which explore potential strategies to combat obesity in older adults.

Guest Editor

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Deadline for manuscript submissions

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Message from the Editor-in-Chief

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