

Special Issue

Obesity—a Hot Topic in Modern Medicine—a Multidisciplinary Challenge

Message from the Guest Editor

This Special Issue of the Healthcare Journal will cover the following general aspects of obesity:

- Pathophysiology of obesity (endocrine mechanisms, gut microbiota changes, stress, and emotion)
- Obesity- genetic and epigenetic factors
- Metabolomic characteristic of healthy and unhealthy obese individuals
- Obesity Management (pharmacological, dietary, behavioral, lifestyle interventions)
- Chronic diseases linked to obesity (atherosclerosis, dyslipidemias, cardiovascular diseases, non-alcoholic fatty liver disease, diabetes, osteoarticular problems)

Obesity in children and during pregnancy (nutritional programming)

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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Author Benefits

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(Leadership and Management)

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).