# **Special Issue**

# Non-pharmacological Approaches and Their Impact on Noncommunicable Diseases

# Message from the Guest Editor

The special issue "Non-pharmacological approaches and their impact on noncommunicable diseases" is open a place to submit original works, systematic reviews and meta-analysis that may provide relevant evidence about (but not exclusively): (i) effects of combined or isolated educational programmes in children, youth, adults, older and clinical populations and the effects on health; and (ii) combined or isolated effects of physical activity and exercise, diet and supplementation, physiological interventions on health of children, youth adults, older and clinical populations.

## **Guest Editor**

Dr. Markel Rico-González

Department of Physical Education and Sport, University of the Basque Country, UPV/EHU, 01007 Vitoria-Gasteiz, Spain

## Deadline for manuscript submissions

closed (3 June 2024)



# Healthcare

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/83539

Healthcare
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
healthcare@mdpi.com

mdpi.com/journal/ healthcare





# **Healthcare**

an Open Access Journal by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



# **About the Journal**

## Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

#### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA 92697. USA

### **Author Benefits**

## **High Visibility:**

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

### **Journal Rank:**

JCR - Q2 (Health Policy and Services) / CiteScore - Q1 (Leadership and Management)

### **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

