

Special Issue

Early Osteoarthritis in Knees Following Surgeries

Message from the Guest Editors

Knee osteoarthritis (OA) is a progressive condition that significantly impacts quality of life, with early onset often observed following surgical interventions such as ligament reconstructions, meniscus surgeries, osteotomies and bone trauma fixation. This Special Issue aims to explore the multifactorial aspects of early OA development following knee surgeries, focusing on basic science, diagnostics and emerging therapeutic approaches. By bringing together experts in orthopedic surgery, sports medicine, physical rehabilitation, and regenerative medicine, we seek to advance knowledge and propose evidence-based solutions for mitigating OA progression. In this Special Issue, we welcome original research articles and reviews addressing, but not limited to, the following topics:

- Diagnostic tools for early OA detection;
- Long-term outcomes of knee surgeries related to OA risk;
- Regenerative strategies and biological treatments for post-surgical OA prevention;
- Rehabilitation protocols and post-surgical management strategies;
- Clinical studies on early OA progression in athletes and active individuals.

We look forward to your valuable contributions.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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