

Special Issue

Sleep Disorders and Mental Health

Message from the Guest Editor

Sleep disorders and mental health problems have a significant burden of disease collectively and as individual disorders, but clear estimates of their combined burden are limited. Furthermore, the associations between some mental health problems and sleep disorders are traditionally known but others are novel and lack clear pathophysiological links and causal direction, resolving which is required to inform the primary and secondary prevention of either condition arising from the other. Some associations are seemingly bi-directional, making this understanding ever more important.

Guest Editor

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Deadline for manuscript submissions

closed (30 December 2023)



Healthcare

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Impact Factor 2.7
CiteScore 4.7
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We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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