

Special Issue

Psychophysiological Responses to Physical Activity, Exercise and/or Nutrition Interventions in Individuals with Cardiometabolic Health Impairments

Message from the Guest Editor

Areas of interest for this Special Issue include, but are not limited to, the following areas: Physical activity, exercise, and/or nutrition, and:

- Anthropometric characteristics;
- Body composition
- Glucose metabolism;
- Lipid metabolism;
- Blood pressure;
- oxidative stress;
- redox status;
- liver function;
- renal function;
- Physical fitness;
- Exercise behavioral regulation;
- Enjoyment;
- Affect valence;
- Quality of life;
- Mood state;
- Depression;
- Anxiety;
- Stress;
- Eating habits.

I look forward to receiving your contributions.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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