

Special Issue

Advancing Mental Well-Being and Health Equity in Marginalized Communities

Message from the Guest Editor

Advancing mental well-being and equity is vital for effectively addressing systematic health disparities in the quality of care and health outcomes in marginalized communities. Vulnerable and at-risk communities—such as economically disadvantaged groups, racial-ethnic minorities, gender minorities and LGBTQ+ communities, immigrants and refugees, formerly incarcerated individuals, homeless individuals, survivors of violence, and uninsured or underinsured individuals—frequently confront disproportionate mental health challenges owing to the cumulative effects of greater stress exposure, perpetuating structural inequalities, discrimination, trauma, violence, stigma, and poverty. These adverse experiences can elevate their risks for post-traumatic stress disorders, depression, anxiety, social isolation, loneliness, and other mental health challenges. At-risk populations also face structural barriers in accessing culturally and linguistically competent mental health care and services, further perpetuating the cycle of disadvantages and marginalization.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

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